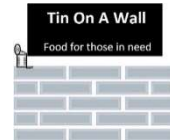


Helping those in need in your community



Tin On A Wall

COULD YOU HELP?

Saturday 2nd October

**VOLUNTEERS NEEDED
SIGN UP TODAY!**

**Gosforth & Wideopen 11am
Walker 11am
North Tyneside 2pm**

In September we supported:

- Cederwood Trust
- Hazlerigg Community Centre
- North Newcastle Food Hub
- Our Community Spirit
- SPARCS
- The People's Kitchen
- Walking With In North Tyneside
- Wallsend Memorial Hall
- Vinnie's

We are looking for **volunteers** to collect none perishable food and living essentials left on **Saturday 2nd October** for charities and community groups who play an integral role in providing food aid to the most vulnerable collect.

Leaflets are provided to post the week prior to let your neighbours know you will be collecting.



TO SIGN UP

 registration form is on:

Facebook **Tin On A Wall Campaign**
or request link via: www.tinonawall.co.uk



WE COLLECT ANY SEALED & UNOPENED NONE PERISHABLE IN DATE FOOD ITEMS AND LIVING ESSENTIALS

- | | | | | | |
|----------------|------------------|----------------|-------------------|-------------------|---------------|
| Biscuits | Custard | Rice | Tinned Meat | Baby Wipes | Tooth Brushes |
| Cereal | Hot Chocolate | Sandwich Paste | Tinned Vegetables | Hair Brushes | Tooth Paste |
| Cereal Bars | Juice | Savoury Snacks | Tea | Hair Shampoo | |
| Chocolate Bars | Pasta | Soup | UHT Milk | Hair Conditioner | |
| Coffee | Part Baked Bread | Sugar | Water | Roll on Deodorant | |
| Cooking Sauces | Porridge Pots | Tinned Fish | | Sanitary Products | |
| Crisps | Pot Noodles | Tinned Fruit | | Shower Gel | |

Food donated after collection time may be carried over to next month. TOAW allocate distribution based upon volunteer participation and work collectively with all charities and groups past and present to identify local shortages and increased demand. Smaller groups may be added if volume exceeds expectations this month.